



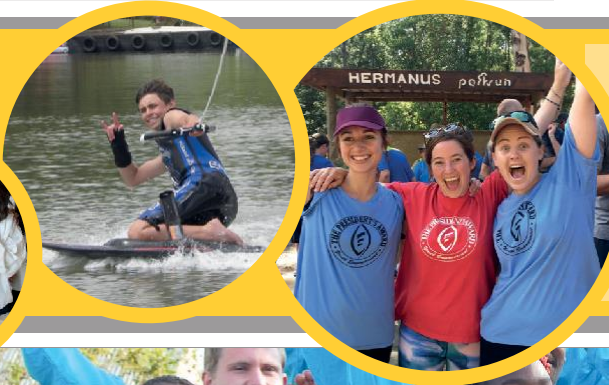
Proud to be

THE DUKE OF EDINBURGH'S
INTERNATIONAL AWARD

In South Africa



WHAT IS THE PRESIDENT'S AWARD ALL ABOUT?



The President's Award for Youth Empowerment is proud to be The Duke of Edinburgh's International Award in SA. It is an internationally recognised programme which exists to equip youth to succeed in life and work. It offers young people, aged 14-24, the opportunity to develop their character, discover their purpose and determine their future to contribute to building a better South Africa for all.



DID YOU KNOW ?

The Duke of Edinburgh's International Award is the **world's leading youth achievement award**.

To date, **over 8 million young people** around the world have started their Award and begun their journey to a brighter future. In the past 10 years, over 56 000 young South Africans enrolled and more than 17 000 youth participate in the Award annually in SA.

97% of Award participants who were interviewed during a national research study in 2014, said they **would recommend the Award to all young people**.

Every year, some Award participants are **recognised nationally and at times internationally** for the contribution they make in their communities.

The Award began in **1956 in the UK**, where it is known as The Duke of Edinburgh's International Award. The Award was introduced in **South Africa in 1983** and has been known as The President's Award for Youth Empowerment since 1994 with **Mr Nelson Mandela as the first Patron-in-Chief**.



WHY YOU SHOULD DO IT?

The Award Programme is a great way to develop new skills and broaden your career prospects, whilst having fun.

The Award can also count towards high school leaving certificates, as well as points for admission to tertiary institutions. Many Award holders report having received discounts when applying at university. However, this depends on the tertiary institution and particular faculties.

On achieving an Award, you should have developed many skills, behaviours and attitudes that are valued by employers globally.

The Award is all about going the extra mile - gaining new skills, pushing yourself physically, helping others and exploring new territories. At the same time, you'll build

friendships, experiences and memories that will last a lifetime.

It doesn't matter who you are or where you are from, as long as you're 14 to 24, you can choose the activities that motivate you and go on your personal journey.

Pushing yourself to do new things will help you develop confidence and useful skills. Meeting new people will inspire you and lead to lasting friendships.

It is impossible to list all the benefits here, but based on the feedback from participants, doing the Award is "life-changing", and will make you stand out from the crowd. It will set you on a path of a meaningful life and prosperous future!

"South Africa's youth are our future. Developing their potential is a top priority in our country. One practical way is to develop this huge reservoir of talent through their participation in The President's Award Programme."

TPA's Founding Patron-in-Chief, Mr Nelson Mandela

"I am a product of the Award, having done the Programme over 20 years ago at The Diocesan School for Girls in Grahamstown. I feel privileged to have experienced this life changing programme which taught me to dream big and never give up. It taught me that I am a finisher and not just a starter. It taught me to be committed and a responsible citizen; and to persevere, as perseverance builds character and character builds HOPE."

Lara Kruiskamp, Former CEO

"This Award is more than a mere certificate, it develops each individual uniquely with achievements that cannot be measured on paper only. It teaches real-life skills like work experience, interpersonal expertise, self-discipline and it makes gaining these skills fun. There was a special magical energy working together with others to achieve the same goal."

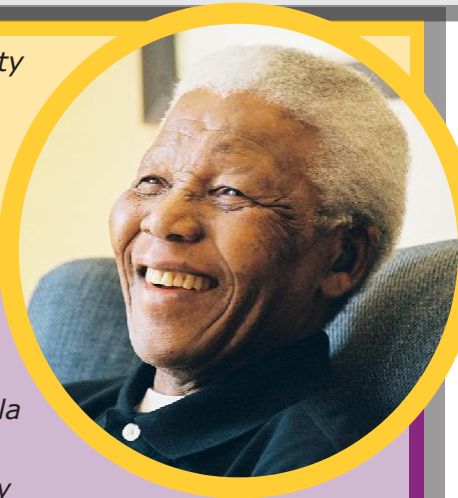
Azhar Booley (Gold Award Holder)

"Being a part of the Award ignited a very powerful passion of civic engagement and leadership. It has taken me out of my comfort zone on countless occasions which gave birth to the many disappointments and successes in my life. However, most importantly it allowed me to grow in ways I didn't think were possible."

Nqobile Dabula (Gold Award Holder)

"I have been very lucky to receive many scholarships, including the Mandela Rhodes and Rhodes scholarships. In every scholarship interview my interviewers have immediately asked about the President's Award. It is a famous award, which is seen as a mark of people who are well-balanced and prepared to take on a challenge. And for those who don't know much about it, the name still says a lot: an award from the President. Awards don't come much bigger than that. On a much deeper level, the Award was central to my personal growth. I started my Bronze Award in grade 9 at a time when I was not very sure of myself or my place in school. The Award challenged me to stretch myself. The Award gave me the push I needed to broaden my interests, with truly life-changing results."

**Christopher McConnachie (Gold Award Holder)
Mandela Rhodes Scholar**



AWARD FRAMEWORK

The Award is comprised of three levels and four Sections.

Participants complete all four Sections at each level in order to achieve either their Bronze, Silver or Gold Award. At Gold level, participants also complete a Residential Project.

SECTIONS

Four Sections for Bronze and Silver, five Sections for Gold (all are equally important):

	SERVICE	SKILLS	PHYSICAL RECREATION	ADVENTUROUS JOURNEY	RESIDENTIAL PROJECT
BRONZE LEVEL 14+ Years	3 Months	3 Months	3 Months	2 days 1 night (1x practice journey & 1x qualifying journey)	N/A
*Averaging at least 1 hour per week. Plus, additional 3 months for a major section - either service, skill or physical recreation.					
SILVER LEVEL 15+ Years	6 Months	6 Months	6 Months	3 days 2 nights (1x practice journey & 1x qualifying journey)	N/A
*Averaging at least 1 hour per week. Plus, additional 6 months for a major section if Bronze Award not completed.					
GOLD LEVEL 16+ Years	12 Months	12 Months	12 Months	4 days 3 nights (1x practice journey & 1x qualifying journey)	5 days 4 nights
*Averaging at least 1 hour per week. Plus additional 6 months for a major section if Silver Award not completed.					

There are four Sections. In order to gain an Award, all four Sections must be tackled for the specified minimum period of time:



SERVICE

Aims to understand the value of giving service to others and your community.

The emphasis of this Section is on the regular giving of service to others over a period of time.



ADVENTUROUS JOURNEY

Encourages a spirit of adventure whilst undertaking a journey in a group.

The emphasis on this Section is on a journey on foot, bicycle, boat or horseback, requiring personal effort and no motorised assistance. Proper training and preparation, self-sufficiency, self-reliance and the exploration of new surroundings are the key elements.



PHYSICAL RECREATION

Encourages participation in sport and other physical recreation for the improvement of your health and fitness.

The emphasis on this Section is to take part in some form of organised physical recreation and to show individual progress.



SKILLS

Encourages the development of your personal interests, creativity or practical skills.

The emphasis of this Section is on effort and general improvement over a period of time, rather than the attainment of a specific standard.



RESIDENTIAL PROJECT

For GOLD AWARD PARTICIPANTS ONLY, and aims to broaden your experience through engagement with others unknown to you, in a residential setting (i.e. away from home).

The emphasis for this Section is on living and working with others (who are not your everyday companions/friends) over a period of 5 consecutive days.

HOW TO GET STARTED

- 1 **Complete an enrolment form** or visit our website to enrol online and submit proof of payment of the enrolment fee with the signed indemnity form.
- 2 Register as an Award Participant on the **Online Record Book** in order to record your activities as you complete them. <https://www.onlinerecordbook.org>
- 3 **Plan** what activities you will do to meet the requirements and discuss this with your Award Leader.
- 4 **Notify** your activity coaches/assessors that you are doing the Award Programme and what will be required of them; that they will need to reflect on your participation and progress at the end of the required period.
- 5 **Complete** your record book or portfolio as you progress.
- 6 Once you have completed all the requirements for your level, submit the record book or portfolio to your Award Leader for **assessment** by a TPA staff member.
- 7 If approved, you will **receive** your certificate and badge and can then enrol on the next level or join the Alumni association.



SAGAHA

SOUTH AFRICAN GOLD AWARD HOLDERS' ASSOCIATION

Gold Award Holders are invited to be part of SAGAHA. The primary aim of SAGAHA is to allow Award Holders to continue experience the benefits of the Award Programme and to use their experience of the Award Programme to assist current participants. Active involvement in SAGAHA makes one eligible for selection for international events such as the International Gold Event (IGE) which happens every 3 years in different parts of the world.



CONTACT DETAILS

info@presidentsaward.co.za

www.presidentsaward.co.za



@ThePresAwardSA



@thepresidentsawardsa



@ThePresidentsAwardSA